



## **Trauma Informed Practice (6 Hours)**

This workshop is aimed at those working in a pastoral role, including those who have a safeguarding responsibility. It focuses on understanding what a trauma informed approach is and why it can be useful in supporting children and young people.

Delegates will explore what trauma is and how it impacts, effective safety planning with children and young people and practical strategies and tools to enable staff to work in a trauma informed way.

**To run this course, a minimum of 10 delegates are required.**

**The cost of this workshop will be £80 per delegate (excluding VAT).**